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E ducation

2009 - 2013 Forest and Woodland Management BSc
2nd class (Honors)
University of Cumbria, UK

A rt Experience

2021 Artist in residence collaborator.

Playa Artist Residency, USA, 12 days

Created sculptures out of wood collected over the course of a year driving across the USA and Canada. Intimate solo gallery showing of work at the end of the residency.

2019-2022 Outsider Art Journey

Explored Nine Earth Biomes across Canada and USA

Self-guided Journey in the Art and Craft of Wood and other natural materials. Creating sculptures from found and foraged landscape materials. Left sculptures as natural art installations within the various biomes of North America (grasslands, desert, forest, tundra, swamp).

Oct 2020 & May 2022 'Experiential Trail' Creation x 2

Elkenmist Retreat Center, USA & Tortugas Escondida Art Residency, Mexico

Artistic collaboration to build a trail with 'stations' that contain a guided sentient practice for hikers to connect with Nature in new ways. Each station contained either a handmade bench or piece of bespoke sculptural artwork.

2022 *The Wyrld Birk Road* - Art Book

Steward-in-Residence, Dickinson Reach, USA & Northern UK

Created art book of collected photographic images and words based around one winter spent in a Northern Wet Woodland in the UK.

2019 Photography assistant to the Creator-In-Residence

Earthdance Retreat Center, USA, 30 days

Assisting improvisational dance artist Stephanie Gottlob as photographer, giving constructive feedback and performing with her in nature based somatic dance project.

IDEAS
Found Art
Outsider Art
Land Art
Land Justice
Ontopoetics
Regenerative Design
Permaculture



Self Proclamation: *An ecological artist. I am fascinated by co-creating and learning with nature. I am dedicated to harness the power of art for the purpose of regenerative pathways, that revive and enhance human culture and wild nature.*



Outdoor & Practical Experience

2020 Land Stewardship

Elkenmist Retreat Center, USA, 2 months

Helped hand-dig three hiking trails in the rain forest at the Center. Built wooden seating along the trail. Created a series of visual maps of the trails as well as a booklet describing local trees/plants. Basic carpentry/building experience.

2013 Woodworking Course, Teaching Assistant

Mike Abbott's Living Wood UK, 1 month

Helping participants learn sustainable woodworking techniques to create own wooden chair.

2012 Timber Framing

Ireland, 1 month

Using hand tools, learning woodworking joints and using woodmizer timber mill to build timber frame workshop.

2012 Volunteer Biology Team Member

Centre of Alternative Technology, Wales, 6 months

Management of water treatment on site, building maintenance and woodland management.

Health & Education Experience

2023 - 2024 Long-term Residential Volunteer, Schumacher College, UK, 10 months

Commercial kitchen experience and cooking for groups, front of house and operational course assisting, gardening and landscaping. Integrated into the unique learning community of Schumacher college.

2017-2019 Personal Support Worker, Hope for Aidan, Canada

Working with thirteen year old, wheelchair bound boy with Cerebral Palsy. In charge of feeding, changing, exercising and general care & wellbeing.

2014-2016 Session Leader and Facilitator, Growing Works, UK

Working with children and adults with special needs inclusively with their families through the use of outdoor gardening and environmental education sessions. Involved in designing client focused sessions and creating site-specific risk assessments.

2017-2019 Co-Teacher of Movement for Kids with Special Needs, Spiral Movement Centre, Canada

Co-teacher and lead teacher of a specialized gross motor curriculum for kids with special needs in a private studio.

2016 Personal Support Worker, Private Client, UK

General duties for working with an autistic child – preparing food, bathroom help, accompanying him to and from school.

2016 Mindfulness in the Outdoors, Support to Recovery, UK

Co-produced and Co-lead four-day course over four-weeks using mindfulness practice as therapeutic tool in the outdoors for the benefit of health and well being.

Miscellaneous: Certificate for Movement/Yoga teacher for kids with special needs, Midas Mini Bus Driver Certificate, Wilderness First Aid Training